



# September 2024

MONDAY 09/02	TUESDAY 09/03	WEDNESDAY 09/04	THURSDAY 09/05	FRIDAY 09/06
	Pulled Pork Sandwich Fingerling Potatoes Cabbage Salad Fig Newtons	Sweet & Sour Chicken Brown Rice Oriental Veggies Pasta Salad Pears	Ham & Cheese Sub Macaroni Salad Potato Salad Peaches	Baked Western Omelet Oven Roasted Potatoes Malibu Blend Veggies Fruited Jello MOW Cookies
MONDAY 09/09	TUESDAY 09/10	WEDNESDAY 09/11	THURSDAY 09/12	FRIDAY 09/13
Stuffed Cabbage Cauliflower Baked Potato Salad Banana	Potato Crusted Tilapia Oven Roasted Potatoes Capri Blend Veggies Apple Sauce Strawberry Shortcake	Chicken Fricassee Egg Noodles Peas Pasta Salad MOW Cupcake 	Hot Dog with Meat Sauce Parsley Mashed Potatoes Yogurt Orange	Macaroni and Cheese Stewed Tomatoes Pea Salad MOW Cookie
MONDAY 09/16	TUESDAY 09/17	WEDNESDAY 09/18	THURSDAY 09/19	FRIDAY 09/20
Chicken Parmesan Spaghetti with Sauce Italian Veggies Fruited Jello MOW Cake	Sweet & Sour Meatballs Brown Rice Oriental Veggies Carrots & Celery w/ Ranch Apple	Veggie Lasagna Italian Blend Veggies Coleslaw Orange	Cheeseburger Oven Roasted Potatoes Beets Cottage Cheese Pears	Hamburger Hash Browns Capri Veggies Cottage Cheese & Pineapple Banana Pudding
MONDAY 09/23	TUESDAY 09/24	WEDNESDAY 09/25	THURSDAY 09/26	FRIDAY 09/27
Fish Sandwich w/ Cheese Oven Roasted Potatoes Broccoli Pasta Salad Pudding	Chicken Alfredo Penne Pasta Peas and Carrots Grape Juice Cake	Swiss Steak Mashed Potatoes Brussel Sprouts Cranberry Juice Mixed Fruit	Roast Pork with Gravy Cheesy Mashed Potatoes Capri Veggies Cranberry Salad Apple	Stuffed Peppers Garden Mixed Veggies Cucumbers with Sour Cream Apple Crisp
MONDAY 09/30				
Sweet & Sour Meatballs Brown Rice Capri Veggies Pickled Beets Pudding				

September 2024